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SCB NEWS

A Quarterly News Letter for Service and Advocacy from SENIOR CITIZENS BUREAU

(Estd. 3/1996 & Reg. No. 370/2002)

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VOLUME: 20 JANUARY, FEBRUARY AND MARCH - 2023

ISSUE: 1

Senior Citizen's Bureau Wishes all its Members HAPPY PONGAL and THIRUVALLUVAR DAY



குறள் : 1032, உழவின் பெருமை

உழுவார் உலகத்தார்க்கு ஆணி அஃதாற்றாது எழுவாரை எல்லாம் பொருத்து.

பொருள்: பிற தொழில்களைச் செய்கின்றவர்களுக்கும் உணவுப் பொருள்களைத் தந்து உழவர் தாங்குவதால், அவர்கள் உலகத்தாராகிய தேருக்கு அச்சாணி போன்றவர் ஆவர்.





241st Event

SENIOR CITIZEN BUREAU CHENNAI

Solicit your august presence with your family for celebrating

FARMAR'S FESTIVAL OF PONGAL and THIRUVALLUVAR DAY

Date & Time: January 20, 2023

(Friday) 10 a.m

Venue: Conference Hall of **Andhra Chamber of Commerce**

No.23, 3rd Cross Street, West CIT Nagar Nandanam, Chennai - 600 035 (Opp. To Saidapet Bus Station and behind "Amrita Catering Institute)

Chief Guest:

Dr. TENKASI D. GANESAN, B.Com., MA, BGL, Phd.

Guest of Honour:

Dr. RUFUS SINGH T.

Asst. Professor & Co ordinator Centre for Ageing Madras School of Social Work, Chennai

Thiru T.V. NAGARAJAN

Chairman SCB Will preside over

All are Welcome

Dr. P. SETHU SESHAN Secretary General SCB

AGENDA

10.00 am

Registration of Members with welcome Drinks

10.30 am to 1.00 pm

Invocation

Welcome address:

Dr. P. Sethu Seshan

Secretary General SCB

Presidential Address by

Thiru. T.V. Nagarajan

Chairman SCB

Honoring Chief Guests Address by Chief Guest

Dr. Tenkasi D. Ganesan, MA, PGL Phd

Special address by Guest of Honour

Dr. Rufus Singh .T

Prize Distribution to Students of Madras School Social work Chennai Who won competitions conducted by SCB Jointly MSSW

Dance Drama by Students of Madras School of Social Work

Vote of Thanks

Thiru, T.V. Nanda Kumar

Asst. Sec. General SCB

National Anthem

Lunch

Chairman's Message

First of all, I wish to convey my heartiest greetings and wishes for a very happy and prosperous New year 2023 and Happy Pongal to all our members and their families.

After the successful conduct of our Silver Jubilee Celebrations, we have organized a function commerce building, T. Nagar, Chennai to celebrate Pongal Festival, Thiruvalluvar Thinam and Ulavar Thinam. The meditation and programme schedule are attached in this issue SCB News. We have invited an eminent scholar and elegant speaker thenkasi Dr. D. Ganesan and also Dr. Rufus Singh T. Assistant professor and coordinator, Centre for Ageing, Madras school of social work to be our chief quests and to address an participants. This will be a great occasion and opportunity to all of us to meet our brother SCB ans and exchange our views and share our thoughts with them. As these functions and programmes are arranged with a purpose of social get together for benefit of members to assemble under one roof and have some time spent amongst us which will free our mind from internal trepidations. I earnestly request to our members to make it convenient to attend our programs with family and make the events successful and memorable.

We were all confident and complacent that we have been totally placed from the clutches of the CORONA VIRUS after the successful vaccination programme. It comes that the threat of the dreadful VIRUS is not completely wrapped out, with some countries witnessing surge in corona cases and our central Government urged states and union territories to ensure availability of liquid oxygen adequate inventions of



cylinders and functional life support equipments such as ventilators to hospitals to face any challenges.

present t h e circumstances, it is advisable that those who

are not vaccinated should get vaccinated immediately. Experts of the view that if we follow social distancing, wearing of face masks, frequent hand washing and use of hand sanitizers, we will be safe.

During this quarter Jan - March, 8th March is an important Day which is being internationally observed as World Women's Day to focus on gender equality, reproduction rights and evidence and abuse against women. It is devoted in celebration the achievements of women and seeking Gender Equality. Theme of this year is BREAK THE BIAS. It take this opportunity to great all our women folk happy "World Women's Day" (March 8) and especially wishes to our Lady SCBians, who have already broken the bias.

With this I conclude my message and I once again with all our SCBians, a Very Happy & Prosperous New Year 2023

With regards

T.V. Nagarajan Chairman SCB.

Change of Address

Thiru K.N. Krishnamoorthy (LM 100) 'Annamalai Hospital, Room No. 203, 2nd Floor, Govindan Road, West Mambalam, Chennai - 600 033. Cell No. 9344611470

Message from Secretary General

I take this opportunity to wish all our members a Happy Pongal, Uzhavar Thirunal and Thiruvalluvar Day.

As you all know, we had our Executive Committee meeting on 13th October 2022 at our administrative Office a day before our Silver Jubilee Celebration. In this meeting we charted out all our plans for successful conduction of valedictory function of Silver Jubilee. This helped us a lot in systematic execution of all our activities and made the entire function successful & won the appreciation from all quarter.

The next Executive committee meeting was conducted in Hotel Sangeetha, Mylapore. On 20th December 2022. Since it was Breakfast Meet, we commenced the meeting



on 9 AM. In the meeting it was submitted that the total expenditure in celebration of velachery function of Silver Jubilee was well with the total amount of Donations collected from Member of

amount collected for the advertisement in our souvenir. The exact income & dependiture of our Silver Jubilee celebration could not be submitted since our treasurer Thiru N. Sampath is in absent. Hope to meet all our members on 20th January 2023and Celebrate Pongal events.

Thanking you,

P.Sethu Seshan

Secretary General, Senior Citizen's Bureau

News from Net Working Associates

- 1. Thejas Foundation conducted 75 questions and answers session with jointly Kalaimagal S. Sankara Subramanian, answer that 75 hours from 11 A.M to 6 P.M. on 4.12.2022 at Sanskrit College, Mylapore. Our Sectretary General Dr. P. Sethusesan and Our Executive committee member Thiru R.T. Namachivayam took part and spoke in between the questions and answer session. Our SCB Chairman Thiru T.V. Nagarajan was one of the important member in the Celebration Committee.
- 2. Probus Club of Chennai celebrated Mahakavi Bharatiar 140th Birthday on 11.12.2022 at Sanskrit College, Mylapore. Kalaimamani T.K.S. Kalaivanan Troupe sung Bharathiar Songs.

- 3. Pavithran Trust has Mahakavi Bharathiyar Birthday Celebration on 18th December 2022 at Vivekananda Hall, P.S. Higher Secondary School, Mylapore. Bharathi's songs were sung by Radio Anna Gnana Prakasam and Dr. Lalitha Mohan.
- 4. IOBIANS 6070 had their executive committee meeting on 13th December 2022, at Hotel Sangeetha, Mylapore for discussing the various points about celebration of their Silver Jubilee in the month of March 2023.
- 5. Helpage India jointly organized Digital Safety training for Senior citizens with Tamilnadu senior Citizens Association (TANSECA) at V.78, 5th Main V.Block Anna Nagar, Chennai on 23.12.2022



Our Chairman T.V. Nagarajan as General Secretary of IOBIANS 6070 in honouring function of Kalaimamani CV Chandra Mohan held on 30/10/2022 at South India Hire Purchase Hall, Royapettah, Chennai - 14.



Captain Dr. M. Singaraja (Our Past Chairman) was honoured by PROBUS CLUB, Chennai on 3.12.2022.





Our Secretary Dr. P. Sethu Seshan took active part in Kalaimagal function 4.12.2022.





Our Past Chairman Captain Dr. M. Singaraja, gave speech on World Elder's Day on 28th November 2022, in Senior Citizens Welfare Association, Chromepet, Chennai.

Secretary General Annual Report of Our Senior Citizens Bureau for The Year Ending March 2022

Dear Members.

I have immense pleasure in submitting the Annual Report of Our SCB for the period 1st April 2021 to 31st March 2022. In my last Annual Report for March 2021, the details of the events taken place under Zoom on 7th May 2021 (event No.233) 20th June 2021 (event No.234), 21st August 2021 (event No.235) and 23rd October 2021 (event No.236) were given in details.

Since Tamilnadu Government permitted to conduct the physical meetings with restrictions, we had our event No.237 at Vinoba Hall. Thakkar Baba Vidhyalaya Complex, T.Nagar on 4th December 2021, mainly to facilitate our past Chairman Dr.V.S.Natarajan who was awarded 'VAYOSHRESTHA SAMMAN AWARD' from Hon'ble Vice President of India at New Delhi on 01 10 2021

As the physical meeting was conducted after a gap of nearly 2 years, about 80 members attended and exchanged pleasant greetings among themselves. After facilitation speech by Thiru. V. Sivakumar (Chief Guest): Director HELPAGE INDIA: Tamilnadu. Thiru.S.Gopalakrishnan, past Chairman Probus Club, Chennai and Thiru.R.T.Namachivayan Vice Chairman, FOSCATAN, Dr.V.S.Natarajan thanked the organizers in his talk on Healthy Ageing.

With usual honoring members who have seen 1000 full moons in their life time. Dr.Poornima Rajan, Clinical Psychologist from DEMENTIA CARE FOUNDTION gave a speech on Dementia and invited the members to their hospital in Thoraipakkam for expertise treatment. With usual vote of thanks, the event came to an end with sumptuous lunch served to them.

Since most of our members were not willing to attend the physical meetings and as per the instructions of Government, we had our 238th event on 29th January 2022 through Zoom, with Thiru. Udayam Ram, Editor Tamil Magazine 'NAMMA VRATHA SINTHANAI' as Chief Guest Thiru. Udayam Ram who is good speaker, poet and writer, took the participants to their younger days when they celebrated, Bogi, Pongal, Kanum Pongal to get the blessings of elders. Before the usual vote of thanks Thiru. Prem Kumar, Executive from Kotak Mahindra Bank, gave financial advice to members.

After this we had our Zoom E.C Meeting on 27th February 2022, followed by our AGM on 5th March 2022, conducted zoom after getting approval from Registrar of Societies.

We had also E.C physical meeting at the residence of Secretary General on 20th March 2022. In that meeting it was decided to have the valedictory function of our Silver Jubilee in October 2022. Accordingly we had discussion with Ethiraj College Authorities, to fix their auditorium on 14th October 2022 for our celebration. From that day, we were in contact with our friends for fix:ng a WIP as Chief Guest for our function.

Meanwhile we had event No.239 at Thiru.Vi.Ka Higher Secondary School at Shenoy Nagar, Chennai on 20th April 2022, with that school Head Master Thiru.K.John MSc., Mhil., B.Ed., inaugurating the event with his Tamil New Year wishes. Since we were also observing world Women's Day on 16, women teachers were honoured. Then the distribution of prizes to the students who won the speech competition took place. Thiru. Muthukrishnan of Help AgeIndia. donated 500 masks to the students. With the usual vote of thanks by Secretary General, the event came to an end with light refreshment of Coffee/Tea.

Event No.240 held Dr.BMS Higher Secondary School, Shenoy Nagar, Chennai on 1st July



2022 in commemoration of World Elders Abuse Awareness Day and International day of Yoga.

Smt. K. Jayanthi Christopher, Principal of the school gave presidential address and Chief Guest Ervadi S.Radhakrishnan quoted sorne instance of 'Elder Abuse' and requested the students to eliminate them.

Distribution of prize to winners of elocution competition and honouring the teachers were done by our Chief Guest. In the function, officers of Central/Tamilnadu Government ELDER LINE took active part. The health camp to all the students and our members was conducted by Murugan Hospital, Anna Nagar, Chennai.

As such in spite of pandemic situation we were able to function and continue our activities as per on vision and mission of our SCB.

For the financial year from April 2022 to March 2023 we have proposed to incur an expenditure of Rs.5,50,000/- (including expenditure for conduction of valedictory function of Silver Jubilee) with the budgeted income of Rs.5,75,000/-.

Thanking you and looking forward for your support and co-operation.

P.Sethu Seshan

Secretary General, Senior Citizen's Bureau

எங்களையும் கவனியுங்கள்

தமிழக அரசுக்கு மூத்த குடிமக்கள் கோரிக்கை!

ஒன்றிய அரசாங்கத்தின் புள்ளி விவரங்கள் மற்றும் திட்ட அமலாக்க அமைச்சகம் (Ministry of statistics and Programme Implementation MoSPI, Givernment of India) வருடம் 2021ல் இந்தியாவில் முத்த குடிமக்கள் 2021 என்ற ஒரு அறிக்கையை வெளியிட்டது.

அதன் அடிப்படையில் தமிழ்நாட்டில் முத்த குடிமக்களின் எண்ணிக்கை 2011ல் இருந்த 75.1 லட்சத்தில் இருந்து 2021ல் 1.04 கோடிக்கு எட்டும் என்றும், 2031ல் 1.42 கோடிக்குப் போகும் என்றும் கணக்கிடப்பட்டிருக்கிறது. இது மொத்த ஜனத்தொகையில் 18 சதவிகிதம்.

இதன் அடிப்படையில் தமிழ்நாட்டின் அரசாங்க அதிகாரிகள் ஒரு நகலைத் தயாரித்து, ஹெல்ப் ஏஜ் அமைப்பின் உதவியோடு, முதியோர்கள் குழுக்கள் மற்றும் முத்த குடிமக்கள் சம்பந்தப்பட்ட தொண்டு நிறுவனங்கள், இவர்களோடு ஆலோசனை செய்து தமிழ்நாடு முத்த குடிமக்கள் வரைவு கொள்கை 2022 ஒன்றைத் தயாரித்தது.

இதனை இணையதளத்தில் ஏற்றி, மக்களின் கருத்துக்களை கேட்டு இறுதியில் நகல் தயாரித்து அரசாங்க மேல் அதிகாரிகளிடம் சமர்ப்பித்தது. அறு மாதங்கள் ஆகியும் இதை இதுவரை சட்டசபையில் ஆலோசித்து ஒரு நல்ல முடிவு எடுக்கவில்லை.

ஆந்திர மாகாணத்தில் ரூ. தெலுங்கானாவில் ரூ. 1600ம் முதியோர் பென்சன் கொடுக்கிறார்கள்.

தி.மு.க அரசு தேர்தலின்போது முத்த குடிமக்களுக்கு பென்சன் ரூ.1000லிருந்து ரூ. 1500 ஏற்றி விடுவோம் என்று கொடுத்த உறுதிமொழி, இதுவரை அமலுக்கு வாவில்லை.

தமிழக அரசு எங்கள் கோரிக்கையை கவனித்து விரைவில் ஒரு நல்ல முடிவு அறிவிக்கும் என்று நம்புகிறோம்.

R.T. நமசிவாயம்

Committee member Senior Citizens Bureau. 9789974100

Birthdaus - Januaru, Februaru and March 2023

		Duu	on thaugs - burtaury, repraury and march 2025					
SL NC	LMNO	DOB	Name	11	LM 847	19-Feb-41	Thiru Thangaraj,R.	
1	LM 957	03-Jan-53	Thiru Manoharan C N	12	LM 597	19-Feb-31	Dr Rajagopalan S.S.	
2	LM 936	04-Jan-45	Er. Muthuswami A	13	LM 538	20-Feb-37	Dr Suresh Chander Pal P	
3	LM 907	04-Jan-52	Thiru Bhaskar Mukhersee,	14	LM 861	22-Feb-50	Thiru Ramachandran S	
4	LM 893	04-Jan-67	Thiru Poonkunran G	15	LM 15	25-Feb-37	Er. Ramlingam S.,	
5	LM 670	05-Jan-46	Er. Thennavan M	16	LM 454	27-Feb-35	Thiru Sadasivam K	
6	LM 820	05-Jan-38	Er. Namasivayam R.T					
7	LM 580	07-Jan-44	Er. Chakravarthy A.K	1	LM 584	02-Mar-38	Thiru Ramakrishnan K.V.K.	
8	LM 508	10-Jan-48	Tmt Vimala Rajaram	2	LM 461	06-Mar-31	Thiru Ponnuswamy K	
9	LM 916	10-Jan-51	Dr Mani, K	3	LM 371	08-Mar-47	Thiru Arumugam S	
10	LM 86	14-Jan-37	Er. Raja, P.S.C.	4	LM 159	09-Mar-49	Thiru RajaGopal V	
11	LM 3	15-Jan-37	Dr. (Capt.) Singaraja M	5	LM 679	10-Mar-44	Er. Balasubramanian R	
12	LM 525	15-Jan-44	Thiru Vemana Reddy G	6	LM 543	13-Mar-43	Thiru Muthu Chidambaram P	
13	LM 673	15-Jan-40	Thiru Dharmalingam M	7	LM 72	14-Mar-41	Dr. Krishnamoorthy, P.	
14	LM 560	16-Jan-41	Thiru Rama Vadhani J	8	LM 464	14-Mar-45	Thiru Jagadeesan, S	
15	LM 11	20-Jan-51	Thiru Sudha Ramalingam	9	LM 906	15-Mar-51	Thiru Subbiah M	
16	LM 851	21-Jan-46	Thiru Gopalarathnam V.R	10	LM 881	16-Mar-38	Dr. Sarma VS	
17	LM 573	22-Jan-33	Dr. Kumari G	11	LM 473	18-Mar-36	Thiru Jayaraman V	
18	LM 768	23-Jan-40	Thiru Kothandaraman, G	12	LM 196	20-Mar-54	Thiru Balasubramanian M.K	
19	LM 478	24-Jan-48	Dr Ayesha Hamid	13	LM 804	20-Mar-49	Thiru Kalaiselvan R	
20	LM 480	27-Jan-43	Thiru Jayasree Balan	14	LM 281	22-Mar-54	Thiru Sridhar M	
21	LM 897	28-Jan-56	Dr Kanagasabai V	15	LM 690	22-Mar-52	Er. Mannar B	
22	LM 559	30-Jan-45	Dr Rameeza A.Rasheed	16	LM 799	23-Mar-33	Capt. Ameer Ali M.A	
1	LM 668	02-Feb-40	Thiru Balakrishnan R			(1.1	D: (1 1 1 1 1 1 1	
2	LM 567	05-Feb-34	Thiru Balakrishna Raja V.S.		While wishing 'Happy Birthday' to the above			
3	LM 865	05-Feb-61	Thiru Subramanian K	members, we solicit their liberal contribution to our 'Sun Shine Fund' to carry out our				
4	LM 812	05-Feb-53	Thiru Sivaraman, D					
5	LM 747	06-Feb-32	Tmt Kamala V	Vision and Mission.				
-			W/o Veeraragavan	Donations Received				
					U	Gilation	J MCCCIVCU	

Donations Received

1. Thiru P. Sethu Seshan LM 866 Rs. 10,000/-

2. Thiru P.M. Pandian LM 805 Rs. 500/-

3. Thiru G. Seshadri LM 613 Rs. 300/-

If undelivered please return to:

LM 595 07-Feb-34 Thiru Dakshinamurthy K.N

LM 434 14-Feb-43 Er. Shanmuga Sundaram P

LM 377 10-Feb-36 Prof Gajendra Rao, B

LM 532 18-Feb-48 Thiru Amrit Agarwal

LM 661 19-Feb-39 Thiru Murugesan, M

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C/O. P. Sethu Seshan 768/1, 9th Street, Anna Nagar (WE), Chennai - 600 101.

To

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