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SCB NEWS

A Quarterly News Letter for Service and Advocacy
from SENIOR CITIZENS BUREAU
(Estd. 3/1996 & Reg. No. 370/2002)

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Senior Citizens Bureau Wishes all it's Members
A VERY HAPPY NEW YEAR 2023



குறள் : 451, சிற்றினம் சேராமை
சிற்றினம் அஞ்சும் பெருமை சிறுமைதான்
சுற்றமாச் சூழ்ந்து விடும்.

பொருள்: உயர்ந்த சிந்தனையும் ஒழுக்கத்தையும் உடைய பெரியவர்கள் கீழான இழிநிலை புத்தி உடையவர்களோடு ஒருபோதும் சேரமாட்டார்கள். அவர்களோடு சேர்வதற்கு அஞ்சுவார்கள். ஆனால் இழிவான புத்தி உடையவர்கள் இழி புத்தியுடையவர்களோடு இணங்கி அவர்களை தங்களுடைய சுற்றமாக ஆக்கிக் கொண்டு வாழ்வார்கள்.

Chairman's Message

First of all let me congratulate all our members in making the valedictory function of our silver jubilee celebrations, a spectacular event to be written in golden letters, in the annals of our senior citizens bureau.

The valedictory function of our Silver Jubilee celebrations was conducted on 14th October 2022 at Ethiraj college for women, Chennai in a very grand manner. That event has also been marked to commemorate the observance of International day for older people in coordination with the NSS of Ethiraj college for women, Chennai. It was heartening and rejoicing to see that our members and members from our fraternal associate (like Probus Club, FOSCATAN, IOBIANS 60/70) have attended the function in large numbers and in fact the entire Auditorium was filled with enthusiastic participants, special invitees, winners of competitions, conducted by us in connection with our silver jubilee celebrations and students of Ethiraj College. Shri V.M.Muralidharan Correspondent, Ethiraj College for Women, Dr. Sudha Seshayyan, Vice Chancellor, Dr. MGR Medical University, Shri Nalli Kuppusamy Chettiyar and Dr. DB Usha Rani, Principal (incharge) Ethiraj College for Women have attended the function as Chief Guests and honoured us with their participation.

It was an emotional moment when our chief guest Dr. Sudha Seshayyan honoured our past chairmen Padmashri Dr. V.S. Natarajan and Captain Dr.M. Singaraja with a shawl and memento. A Souvenir, highlighting the



history and achievements of our Senior Citizens Bureau was released at the function. A detailed report on the function is given separately in this SCB News letter with photographs.

The Function was well attended and very well appreciated and applauded by all participants and the feedback we received on the function is over whelming and very much satisfying by all means, the function was a grand success and the credit goes to all members who have contributed for the successful conduct of the function.

At the same time, we should not be complacent of the success of this function and it has casted upon us much more responsibilities and we know that still there is scope for improvements and we will explore all avenues to work for the betterment of the organization and carry forward the flag to further heights.

However, we feel that we are rejuvenated with the success of this silver jubilee celebrations and we assure that we will continue to pursue the path laid by our seniors with much more zeal and enthusiasm and make it vibrant in future with all your support and co operation.

I once again thank all members and wish you all good luck with God speed.

With regards,

T.V. NAGARAJAN
Chairman, SCB.

Message from Secretary General

Dear Members,

Since Our chairman has given vivid picture of our silver jubilee celebrations in his message, I do not want to repeat the same.

I have also submitted minutes of our 20th Annual General Body meeting held on 18 th September at YMIA, Building Mylapore along with our Annual Report ending March 2022, submitted in that AGM, in this SCB NEWS.

We have also planned to have our Pongal celebrations in the month of January 2023 at Andhra Chamber Building, Saidapet.



The exact date will be announced shortly and all members are requested to attend and make it a grand success.

With my best wishes for merry Christmas and Happy

New Year I conclude my message.

Thanking you,

P.Sethu Seshan

Secretary General,
Senior Citizen's Bureau

Change of Address

Thiru V. Seetharaman LM 953 VRB's ABIN Enclave, 2A 2nd Floor, 72, Aayiram St, Ponnamman Koil Main Rd, Madipakkam, Chennai – 600 091.

List of Donors for SCB - July to September, 2022

List of Donors for SCB from July to September Donations / Sun shine funds received from 1.7.2002 to 31.9.2022

1. Thiru P. Sivarama Krishnan	LM 836	Rs. 500
2. Thiru T.V. Ramamurthy	LM 790	Rs. 589
3. Thiru Muthulaxmi	LM 612	Rs. 1000
4. Thiru Ranganath Rao	LM 29	Rs. 10,000
5. Thiru R.T. Nama...	LM 820	Rs. 5000
6. Thiru R. Venkatesam	LM 7	Rs. 10,000
7. Thiru S.K. Vasudevan	LM 18	Rs. 500
8. Thiru K.S. Shanmugam	LM 665	Rs. 1000
9. Tmt. Chandra Veeraraghavan	LM 617	Rs. 3234
10. Thiru V. Rajaraman	LM 901	Rs.1000
11. Thiru G. Seshadri	LM 613	Rs.1500
12. Thiru R. Bala Subramanian	LM 679	Rs. 1000
13. Thiru C.N. Manoharan	LM 957	Rs. 5000
14. Thiru S. JayaKumar	LM 546	Rs. 5000
15. Thiru T.V. Nagarajan	LM 902	Rs. 5000

Thanks a lot and may god bless you all.

News from Net Working Associates

1. Helpage India : Celebrate WORLD ELDERS DAY on 1st October 2022 at Kusalambal Kalyana Mandabam, Chetpet. Thirumathi D. Rathna IAS Director of Social welfare Dept. Govt of Tamilnad was chief guest. Elders from various ELDERS HOME took active part.

2. PROBUS CLUB OF CHENNAI : Celebrated "International Day of Elderly on 10th October 2022 at Ethiraj Kalyana Nilayam with Thiru T.S. Tirumurti Former permanent Librarian Of India to UN Newyork. Prizes was distributed to winners of senior citizens competition Conducted them.

3. Thejas Foundation had an event of the Tamil Disapora on 10 th September at Mylapore club Hall, M/s. S.P. Mani vasagam of Malaysia and Sundara of Australia were prime Chief Guests.

4. Dr. V.S. Natarajan Geriatric Foundation : celebrated World elders day on 8th October 2022 at Indian Officers Association Building at Royapettah, in a grand manner.

Minutes of Our SCB 20th AGM held on 18th September 2022 in the Anne Besant Cetermary Hall, YMIA, Royapettah High Road, Mylapore, Chennai - 4.

Meeting Commenced at 10 A.M., with only about 17 (seventeen) members, assembled in the Hall. Since the required forum was not there to conduct annual General Body meeting, Our Chairman thiru.T.V. Nagarajan postponed the meeting by an hour. Since there was no improvement in the attendance, the meeting re commenced at 11.15 a.m.

1. As per Agenda, the Secretary General Dr.P. Sethuseshan read out the minutes of our 19th AGM held on 5th March 2022 under Zoom Meeting and it was adopted unanimously.

2. Annual Report for the year 2021-22 was read out by our Secretary General and approved.

3. Audited balance sheet for the financial year 2021-22 was placed before the members (this was circulated to all member along with AGM notice dated 24.8.2022) and read out by our secretary General Dr. P. Sethu Seshan, in the absence of Thiru N. Sampath Kumar, our treasurer.

4. It was unanimously decided to continue the service of our regular auditor M/s. A. John Moris & Co with annual fees of Rs.5900 (Rupees five thousand nine hundred only)

5. Two minutes silence was observed after pay the tributes to all departed members.

6. In view of our silver jubilee celebration, to be held on 14th October 2022 at Ethiraj College Auditorium approval for extending term of office bearers for 3 months from November 2022 were placed. But as per most of the members proposal, the deferment

of Election of office bearers for another 12 months was unanimously approved.

7. With approval of all the members it was decided to celebrate our Silver Jubilee celebration the following manner.

1. Conduct the small story competition with famous "KALAIMAGAL" tamil magazine and award 10 prizes with the award amount Rs. 1000/- each

2. Conduct "KAVITHAI" (Poem Competition) "KAVITHAI URAVU" magazine run by Eravadi Radhakrishnan and award, 3 prizes with Rs. 2000/- each.

3. Conduct the Katturai Potti with "Uratha Sinthanai" Magazine and award, six prizes with Rs. 1000/- each

4. Conduct the various competitions with the Students of Ethiraj College and award Rs. 1000/- each for 10 students.

5. It was decided to give life time achievement award of Rs. 5000/- each to Delhi Ganesh, Dr. V.S. Natarajan, Dr. Jo Joice Thilagam, Kilambur Sankara Subramanian, Kalaimagal Editor and Kalaimamani C.V. Chandra Mohan for their exemplary contribution in their respective field.

6. It was also decide to donate RS. 5000/- each to Dr. V.S. Natarajan, Geriatric Foundation, Helpage India and Ramana Sunritya Aalaya (RASA FOUNDATION).

7. The AGM Came to an end with the vote of thanks by our E.C. Member Thiru L. Bala Subramanian.

Dr. P. Sethu Seshan
Secretary General SCB

Birthdays - October, November and December 2022

SL NO	LMNO	DOB	Name				
				7	AM 459	7-Nov-43	Thiru Selvaraj R
1	LM 409	1-Oct-39	Thiru Raju D V	8	LM 376	8-Nov-50	Thiru Rajendran Raja K V
2	LM 42	1-Oct-35	Thiru Ramlingam N	9	LM 805	10-Nov-47	Thiru Pandian P.M
3	LM 293	3-Oct-39	Er. Murugaian S	10	LM 483	10-Nov-45	Thiru Agararwal R .K
4	LM 866	5-Oct-44	Thiru Sethu Seshan P	11	LM 522	13-Nov-39	Thiru Dominic A
5	LM 576	5-Oct-28	Thiru Venugopalan V S	12	LM 915	15-Nov-56	Dr Anantharaman V.V
6	LM 887	6-Oct-34	Thiru Balasubramanian VV	13	LM 130	16-Nov-38	Thiru Vadivel Raman P.
7	LM 825	7-Oct-34	Thiru Lokiah Naidu V	14	LM 774	18-Nov-32	Tmt Kokila D C/o.P.S.Rajam
8	LM 502	10-Oct-44	Tmt Rajam P S	15	LM 883	18-Nov-35	Thiru Manoharan K
9	LM 770	10-Oct-43	Thiru Ramgopal V K (Lion)	16	LM 823	19-Nov-49	Thiru Tharakaram G.N
10	LM 582	11-Oct-50	Prof Dr Baahirathi R	17	LM 908	23-Nov-38	Tmt Yashodha K
11	LM 790	15-Oct-33	Thiru Ramamurthy P V	18	LM 100	30-Nov-32	Thiru Krishnamoorthy, K.N.C/o The Manager
12	LM 790	15-Oct-33	Thiru Ramamurthy T.V				
13	LM 933	16-Oct-44	Thiru Sankaran, S.V	1	LM 604	1-Dec-42	Dr Rajagopalan N
14	LM 797	16-Oct-39	Thiru Dhandapani V	2	LM 788	2-Dec-46	Thiru Menon CDR M.D.
15	LM 776	17-Oct-32	Thiru Varatharajan M.S	3	LM 426	3-Dec-33	TMT Sakunthala S
16	LM 775	19-Oct-39	Thiru Shanmugam C P	4	LM 363	3-Dec-31	Thiru ARAVAMUDHA CHARY S
17	LM 755	21-Oct-35	Tmt Parvathi Umashankar	5	LM 689	5-Dec-48	Dr. Lalitha Govindan
18	LM 535	23-Oct-35	Thiru Jaganathan	6	LM 659	7-Dec-39	Dr Sampath Kumar K
19	LM 125	24-Oct-34	Er. Vaidyanathan .V.R	7	LM 481	12-Dec-41	Thiru Sathyanarayanan K
20	LM 577	24-Oct-33	Thiru Chidambaram M	8	LM 791	13-Dec-36	Thiru Ramakrishnan R
21	LM 846	25-Oct-30	Thiru Prasad C.N	9	LM 507	14-Dec-31	Thiru Kanthimathinathan A C/o.K.Selvakumar
22	LM 739	26-Oct-27	Dr Ramaiah D.S.	10	LM 724	18-Dec-40	Er. Venkatraman.L
23	LM 677	30-Oct-49	Er. Sudarson V	11	LM 912	19-Dec-40	Tmt Pramila Ethiraj
1	LM 837	1-Nov-43	Thiru Kumaran Thambi,N	12	LM 87	20-Dec-39	Er. Rajah S.P
2	LM 506	2-Nov-50	Thiru Gurumurthy J	13	LM 568	22-Dec-65	Dr Neela Patel C/o.Vipnachee
3	LM 345	3-Nov-39	Er. Manickam. S	14	LM 257	23-Dec-40	Capt. Krishnamoorthy N
4	LM 687	4-Nov-48	Thiru Narendra J.Dave	15	LM 932	26-Dec-42	Thiru Venkata Subramanian
5	LM 413	5-Nov-27	Thiru Subbaiah K	16	LM 939	30-Dec-50	Tmt Maria pooranam,G
6	LM 575	7-Nov-30	Thiru Seshadri R c/o.s.Damodaran,	17	LM 951	30-Dec-36	Thiru Ramoji P B

Obituary

1. We regret to inform the sad demise of our former EC Member Er. OINEY AARON LM 586 (Ex SE/TNEB) on 12th September 2022. He was trainer in Sodukku, Bridge and Chess gamer.

2. We also report to inform the sad demise of our member thiru K.S. Radhakrishnan LM 554 on 8th October 2022

3. We are sad to share the demise of another former EC member Dr. G. Vijaya Lakshmi LM 526, on 3rd November 2022. She was retired secretariat officer and Acu puncture practisioner.

We pay our respectful homage to the above decease members and convey on heart felt condolences to their family members.

Report on the Valedictory Function of our Silver Jubilee Celebration held on 14th October 2022 at Ethiraj College for Women, Chennai

The Silver Jubilee Celebration of our Senior Citizens Bureau and the observance of International Day for older people were held on 14th October 2022, in co ordination with the NSS of Ethiraj College for Women, Chennai at their Main Auditorium.

The Function started at 10.15 am with the Invocation song by the Students of Ethiraj College for Women, Chennai and by that time the entire Auditorium was fully crowded with audience consisting of our members, members from fraternal associates, special invites, prize winners of the competitions conducted by us to commensurate our Silver Jubilee celebrations and students and staff of Ethiraj College for Women. It was a spectacular Scenario to see that our members and special invites especially old people were being escorted by the NSS students of Ethiraj College for Women to their seats and when the old people from Old Age Homes brought by Help Age India entered the Auditorium, all the student participants gave a standing ovation and welcomed them, showing their respect to the old people.

By this act of good gesture, they have shown to the society that the younger Generation is fully aware of their responsibilities and they always respect the old people and ready to extend their helping hand to them. Here we have to make a special mention about the excellent support and co operation extended by the NSS students of Ethiraj College for Women and their staff coordinators.

Our Chairman Shri T V Nagarajan delivered the welcome address, while delivering the welcome address, he highlighted the history and achievements of our Senior Citizens Bureau and paid rich tributes to our Veterans Major Gen, Aban Naidu, Shri S.P. Ambross IAS (Rtd.), Shri R.Venkatesan IAAS (Rtd.), Er. S. Ramalingam, Padmabhushan Dr. Saradha Menan, Shri TV Hariharan, Padmashri Dr. V.S. Natarajan, Captain Dr.M. Singaraja and Shri C.Nagendra Prasad

and others whose contributions have made this organization gain to this present status.

Shri V.M. Muralitharan, Correspondant, Ethiraj College for Women, presided over the function and delivered this presidential Address. Dr. Sudha Seshayyan, Vice Chancellor, Dr. M.G.R. Medical University participated as Chief guest and addressed the participants and swayed the audience by her eloquent speech. Then, she released the souvenir highlighting the history and achievements of our Senior Citizens Bureau and the first copy of the Souvenir was received by shri. V.M. Muralidharan. Later our past chairman Padmashree Dr. V.S. Natarajan and Captain Dr. M. Singaraja were honoured by the chief guest with a memento and shawl. Our past Secretary Generals Brigadier K. Muthulakshmi and Shri. S. Jayakumar were also honored by our chief guest with mementos and shawls. Our chief guest Dr. Sudha Seshayyan has delivered the SCB lifetime achievers awards and honoured Padmashree Dr.V.S. Natarajan, Senior Geriatric Physician and Founder Dr. V.S. Natarajan Geriatric Foundation, Kalaimamani Shri. Kilambur S. Sankarasubramanian, Editor, Kalaimagal monthly magazine, Dr. Jo Joice Thilagam, Pavithram Foundation and Kalaimamani Shri C.V. Chandra Mohan a popular Drama Actor, Director and Writer.

After the Tea break, the second session started by 11.45 pm

Shri Nalli Kuppusamy chettiar has delivered special address and later delivered the "SCB Honour" Awards to Help Age India and RASA foundation (An NGO working for the welfare of special children). He also distributed the prizes to the winners of the competitions conducted for the students of Ethiraj College for Women.

Later Shri. Nalli Kuppusamy chettiar distributed the prizes to the winners of the short stories competition conducted by Kalaimagal monthly magazine and poems competition conducted by Kavithai



Prize Winneres of 'Kavithai Uravu' poems competition.



Release of Our Souvenir.



Prize Winneres of Kalaimagal Short Stotries Competition.



Our Past Chairman Capt. Dr. M. Singaraja was honoured.



Life Time award to Kalaimamani Thiru C.V. Chandra Mohan.



Life Time award to Padmashri Dr. V.S. Natarajan.

Uravu... and Essays competition conducted by Uratha Sinthanai. During these distribution of prizes Kalaimamani Keelambur S. Sankara subramaniam Editor, Kalaimagal, Kalaimamani Ervadi, Shri S. Radhakrishnan Editor Kavithai Uravu were present at the Dias, The selection committee members of all these competitions were also honoured.

A Book consisting of 10 short stories which won the competition was released by shri Nalli Kuppusamy chettiar and the first copy of the book was received by, Shri Ptt. Rajan, Publisher, Kalaimagal. The Books were distributed to the participants at free of cost. Later the Publishers who have readily agreed and

successfully conducted the competitions with in a short span of time, were honoured by Nalli Shri Kuppusamy Chettiar. During the prize distribution, our past Chairman Padmashree Dr. V.S. Natarajan, Shri R.T. Namasivayam, our EC Member and Dr. Chockalingam, Senior Cardiologist were present at the Dias and felicitated. Dr. Chockalingam addressed the audience on his subject of speciality (ie) "Health of Heart". Our Editorial committee Head Er. S. Ranganatha Rao and reception committee head Shri. R.T. Namasivayam were honoured by shawls by the special guest. The Entire programme was nicely and elegantly compered by Kalaimamani Shri C.V. Chandramohan.



Life Time award to Kalaimamani Kilambur S. Sankara Subramanian (Kalaimagal Editor)



Life Time award to Dr. (Mrs.) Jo. Joice Thilagam.



Dance Drama by Students of Madras School of Social Work.



Special Program (Drama) by Ethiraj College Students.



A view of the Audience.



Vote of thanks by Our Chairman & Sec. General.

Finally entertainment programmes were staged by the students of Ethiraj college for women (Drama) and students of Madras school of social work (Dance Drama) which were enjoyed and applauded by the audience.

The function concluded at 1.55 pm with the vote of thanks by secretary general Dr. P. Sethusheshan followed by National Anthem. (Lunch Packets were distributed to all participants)

If undelivered please return to:

SCB NEWS

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To