



Committed to serve

LinkAge

(R.O.) New No.90, Rama Naicken Street, Nungambakkam, Chennai 600 034.

**A Monthly Journal for Service and Advocacy
to all Age Groups, by Senior Citizens Bureau**



Bestow unconditional love

VOLUME : 13

JUNE 2017

ISSUE : 12

Sweet Twenty Two

Commemoration of the following days will be observed at 10.45 am, on June 24, 2017, (Saturday) at Library Auditorium, Ethiraj College for Women, 70, Ethiraj Salai, Egmore, Chennai -8. immediately after the AGM at the same venue.

- 3rd World Yoga Day
- 12th World Elder Abuse Awareness Day
- 22nd Annual Day of Senior Citizens Bureau (Sweet 22), and
- 14th Anniversary of our monthly journal "LinkAge"

Invitation will be sent in due course. Please keep the day free and attend without fail.

AGM Agenda

Notice already served in LinkAge May 2017

Date & Time: 24.06.17, 10.00 am. **Venue:** Library Auditorium, Ethiraj College for Women, Egmore, Chennai -8

1. Adoption of the minutes of 14th AGM for FY 2015-16, held on 22.07.2016
2. Adoption of Annual Report for FY 2016-17 (PI see page 2)
3. Adoption of Accounts for FY 2016-17 (PI see page 3)
4. Appointment of Auditors and approval of Audit fees.
5. Any other business, subject to prior notice and approval of the Chair.

Senior Citizens Bureau – Minutes of the EC meeting

The EC meeting for the month of May, 2017 was held at 4.30 PM on 14.05.17 at the bungalow of Dr. PV Narayana Murthy, the renowned Plastic Surgeon and son of our EC member Er V S Balakrishna Raja, at 2, Sriramnagar South Street, Alwarpet, Chennai. 10 EC members viz. Thiruvallarkal Dr. Capt. M. Singaraja, Prakash H Iulla, CN Prasad, Er. VS Balakrishna Raja, S. Prabhakaran, P. SethuSeshan, PM Pandian, R. Ramakrishnan, Dr. R. Nirmala and Dr. PS Rajam attended. The Chairman presided over and conducted the business. The Vice Chairman extended a warm welcome and greeted all, on Mothers Day. Earlier two minutes silence was observed as a mark of our respect and expression of our heartfelt condolence over the sad demise of Ramco Chairman Thiru P R Ramasubrahmanya Rajha and 4 others (PI refer obituary column in page 4). Our Chairman paid rich tribute to late Ramco Chairman as well as the patron of Senior Citizens Bureau. The minutes of the last EC meeting held on 18.03.2017, was adopted unanimously. The Chairman greeted the Birth day babies of May, highlighting members of age 90(+) Cdr. SV. Iyer, Dr. Kamatchi Sundaram, Thiru SR Satagopan, Thiru TJ Xavier Pillai and Thiru N Subramanian. After reviewing the events passed by, he informed the development in the following areas:

- 1) The core group met the Principal of Ethiraj College on 11.05.17 and finalised the program to be held on 24.06.17. EC records its appreciation to the Principal and the Chairman of Ethiraj Trust for their support and for annexing the National award of 16th ranking by GOI, HRD Ministry.
- 2) EC discussed the ensuing program on 24.6.17 and approved the proposals.
- 3) The Annual report for the AGM on 24.06.17 is placed before the EC. It was discussed and unanimously adopted. It will be published in LinkAge June issue.
- 4) Auditing of our Annual Accounts is over and placed before the EC. It was discussed and unanimously adopted. It will be published in LinkAge June issue. EC approved the employment of current auditor at the current fees. Refund of excess TDS and filing of IT return are followed up.

- 5) The file for renewing the society registration has been duly submitted to the Registrar on 11.05.17. EC approved the expenditure payable to the Registrar.
- 6) The construction of SCB Web Site is progressing and it can be launched on 24.06.17. EC approved the expenditure payable to Raga Designers.
- 7) Net Banking facility for U3A Chennai, with our Banker IOB / Kilpauk will be available soon.
- 8) EC approved a contribution of Rs. 3000/- to Selvi Gayathri, a disabled person living alone after the demise of her parent, towards the surgery for hip fracture and treatment for epilepsy at VHS, Taramani, Chennai.

The Chairman thanked our EC member Er VS Balakrishna Raja for hosting this meeting and for his Annual day contribution of Rs. 5000. Also he thanked and honoured the daughter in law and granddaughter of Er VS Balakrishna Raja, who hosted this EC meeting, with delicious novel snacks blended with dignity, love and affection. EC showered their blessings to the grand daughter who is getting married on 31st August 2017, to the grandson of Our LM 228, Rtn. PDGAR Ramakrishna Raja, renowned Industrialist and Treasurer of Music Academy. With vote of thanks proposed by Mr Sethuseshan, the meeting came to an end.

Congrats

Thiru K D Sivarama Raja, LM: 812, brother in law of Dr. Capt. M. Singaraja and Tmt. S. Jaya Rohini celebrated the engagement of their grandson Er. R. Ramsooraj, son of late Thiru MA Rama Subramania Raja and Tmt. R. Subha with Er. V. Snega, daughter of Thiru AM Vjaya Raja and Tmt. Mageshwari on 22.5.17, at Rajapalyam.

Thiru KV Rajadendra Raja, LM: 376 and Tmt. R. Suseela celebrated the wedding of their daughter Er. R. Mahalakshmi, with Er. D. Sathesh son of Thiru PM Durairaja and Tmt. D. Indrani on 01.06.2017, at Rajapalyam.

Annual Report for the FY ending 31.03.2017

Dear Friends,

Vanakkam. It is my proud privilege to present this Annual Report before this august body, in the 14th AGM, being held on June 24.06.2017

1.0 Introduction: This Bureau was registered under Societies Act on 24th Sept. 2002, with Reg. No. 370/2002. But it was launched on 3rd March 1996. As such the Bureau steps into 22nd year.

As you know that this Bureau is marching with its pioneering service to the Elders of the Society. It is worth remembering on this occasion, the valuable contributions made for the growth of the Bureau by founding fathers and the office bearers / EC Members (past and present) as well as the support extended by our members, Networking Associates, NGOs & Govt. We have been representing vital issues and grievances concerning Senior Citizens, to the Govt. both State & Central.

2.0 Membership: With our earnest efforts for sustained development the strength is : IM (Institutional Member) - 1, DM (Donor Member) - 2, LM (Life Member) – 326, AM (Annual Member) -4, HM (Honorary Member) – 76 = total 409.

3.0 Meetings.

3.1 The last AGM was held at 10.30 a.m. on June 24, 2016, (Sunday), at Library Auditorium, Ethiraj College for Women, Egmore, Chennai- 8. The minutes is read out and adopted today.

3.2 Commemoration of 21st Annual Day of SCB, and 13th year publication of "Link Age" was observed on 22.07.2016 at 11.00hrs. Swami Mitrananda, Spiritual Teacher of Chinmaya Mission, Chennai released our special publication entitled "Sweet 21. 11th World Elders Abuse Awareness Day was observed on 22.07.2016 at Ethiraj College for Women, Egmore. Dr. A. Nirmala Principal & Sec., Ethiraj College for Women was the guest of honor. Senior Elder Members who have cited 1000(+) moons as on 22.07.16 were honored

3.3 EC Meetings were held regularly every month. Core group meetings were held frequently to plan and carry out the activities.

4.0 World Elders Day was observed jointly with Ethiraj College for Women from 9.30 a.m. to 1.30. p.m. on October 1, 2016 at Ethiraj College Chennai – 8. Gandhian Thiru V. KALYANAM Freedom fighter and former PS to Mahatma Gandhi, Chennai was the Chief Guest. SCB Awards of Excellence were presented to Dr.V. Shanmugasundaram, former Vice Chancellor of Manonmaniam Sundaranar University and to Mrs. Dr Yasoda Shanmuga Sundarm, former Vice Chancellor of Mother Teresa University. Dean of Academics Dr. Sheela, represented the principal Dr. A. Nirmala who has to leave for a rescheduled conference at Bhuvaneshwar. She launched the project "Talk to a Granny", designed by Senior Citizens Bureau jointly with NSS Ethiraj College. She explained its features as a standing example of solidarity of youth with elderly. Mr. T.V. Hariharan, Dr. Navaneetham, SCARF volunteers, NSS volunteers, the participants of cultural program, were honored. The detailed report was published in November 2016 issue of LinkAge.

5.0 Elder Welfare Programmes : The Bureau has conducted 203 programmes up to March 2017 since inception. During 2016 – 2017, 16 programmes were held.

6.0 Highlight of the other important events held in 2016 -17 as given below:

6.1. 22.04.2016: Comprehensive Eye check-up Camp at M.N Eye Hospital, Kilpauk Chief Guest – Dr.Chalini Madhivanan MD (Please refer LinkAge, May 2017 issue)

6.2. 17.09.2016 : Health Monitoring Camp and a Presentation on Healthy Ageing at Pon Malligai Multi Specialty Hospital, Kilpauk by Dr.M Marudhupandian. (Please refer LinkAge, Oct 2017 issue)

6.3. 19.12.2016: Dental Health Monitoring Camp, at Dr. BMS Matric Higher Secondary School Campus, Chennai – 30 was held on 19.12.16, jointly with Public Health Dentistry, SRM Dental College, Ramapuram (Please refer LinkAge, Jan 2017)

6.4 . 21.01.2017: A Panel Discussion on "Widening the International Network Of U3A, at The Conference Hall of Andhra Chamber Of Commerce, Nandanam, Chief Guest - Dr. Vedagiri Shanmuga Sundaram, Guests of Honour: Prof. PARSURAMEN ARMOOGUM President, U3A Mauritius and Prof. VELLAS President, Association International Universities of 3rd Age. International Training Programme" in "Social Gerontology" was launched. (Please refer LinkAge, March 2017 issue)

6.5. 19.02.2017: Commemoration of 9th Anniversary of Geriatric House Call Project of SCB at Jayam Home Health Care Thiruvannamiyur, Chennai - 600 041 Presentation on Jayam Geriatric Home Services by Dr. RAMESH SADASIVAN, Medical Director, Jayam Poly Clinic and Nursing Home. (Please refer LinkAge, March 2017 issue)

6.6. 18.03.2017 "Dementia Screening Camp at Scarf Training and Resource Centre Chennai - 600 006 Presentation by Dr. Sridhar Vaiteswaran Consultant Psychiatrist & Coordinator / Dementia Care in SCARF – DEMCARES. (Please refer LinkAge, April 2017 issue)

7.0 Finance: The Bureau is carrying its activities in promoting Elder Welfare and Elder Health Care with the contribution / subscriptions of members and donations from well wishers / organisations. The audited Balance Sheet is placed separately, vide Annexure – 1.

The Budget for the year 2016-2017 is as given below :

1. Website and Computer Maintenance	60,000
2. LinkAge monthly journal and Special Publication	1,70,000
3. Welfare programmes / Seminars / Workshops/ Camps / Financial Assistance	2,20,000
4. Office Administration/ Infrastructure	1,00,000
5. World Elders Day / Annual Day / Elder Abuse Awareness Day	<u>1,50,000</u>
Total	<u>7,00,000</u>

8.0 Conclusion: We will continue with projects and seminars for the welfare of the senior citizens. We are looking for support from the youth and voluntaries. I seek your valuable co-operation and involvement, to strengthen this Bureau.

Secretary General

Note: Annexure 1 is given in the next page.

Audited Accounts for the year 2016-2017

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31.03.2017

Receipts	For the year ended 31.03.2017	For the year ended 31.03.2016	Payments	For the year ended 31.03.2017	For the year ended 31.03.2016
To Opening Balance			By Administrative Expenses	57,108.00	43,065.00
Cash in Hand	418.15	202.15	By Expenditure on Camps and meetings		
Cash at Bank			World Elder Day Expenses	7,247.00	
Axis Bank	41,740.47	34,772.47	Others		
Indian Overseas Bank	49,145.69	45,924.60	Meeting Expenses	30,606.00	50,553.00
To Subscription			Linkage and Other Publications	60,190.00	90,387.00
Membership	1,651.00	800.00			
Linkage			By Bank Charges	53.20	53.91
To Corpus Fund Received			By Purchase of Books	1,545.00	
Life Subscription	15,350.00	26,450.00	To Donation paid	6,500.00	13,100.00
Conversion to life membership		4,100.00	By Chief Minister Public relief Fund		10,000.00
To Donation			By Audit Fees	3,450.00	3,420.00
General purpose	20,600.00	5,100.00	By Loan repaid to Capt. Singaraja		19,325.00
World Elders day	54,903.00	51,751.00	By Salary For Staff	82,844.00	81,450.00
Prime Ministers Relief Fund		6,000.00	By Flood relief Work		11,817.00
Annual Day	3,900.00	14,600.00	By Primeminister Public relief Fund		10,000.00
Sunshine Fund	38,219.00	40,350.00	By Fixed Deposit		60,000.00
Flood relief Fund		24,600.00	By Web Design-Raga Designers	2500	
To Sale of Books		400.00	By Closing Balance		
To Others- ID card		4,200.00	Cash in Hand	11,420.15	418.15
To Interest Received			Cash at Bank		
Fixed Deposit	60,849.00	81,256.00	Axis Bank	46,309.47	41,740.47
Savings bank A/c	3,759.00	3,624.00	Indian Overseas Bank	45,872.49	49,145.69
To Loan received		19,325.00			
To Interest on TDS Refund	110.00	306.00			
To TDS on Bank Interest		2,854.00			
To Fixed Deposit		56,160.00			
To Advertisement Charges	65,000.00	62,000.00			
Total	355,645.31	484,775.22	Total	355,645.31	484,475.22

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2017

Amount in Rs.

EXPENDITURE	For the year ended 31.03.2017	For the year ended 31.03.2016	INCOME	For the year ended 31.03.2017	For the year ended 31.03.2016
To Administrative Expenses	57,108.00	43,065.00	By Subscription		
To Expenditure on Camps and meetings			Membership	1,651.00	800.00
World Elders day Expenses	7,247.00	-	Linkage	-	-
Meeting Expenses	30,606.00	50,553.00	By Donation		
			Annual Day	3,900.00	14600
To Linkage and Other Publications	60,190.00	90,387.00	General purpose	20,600.00	5,100.00
To Salary to Staff	82,844.00	81,450.00	World Elders day	54,903.00	51,751.00
To Audit Fees	3,500.00	3,450.00	Prime Ministers Relief Fund	-	6,000.00
To Donation paid	6,500.00	13,100.00	Sunshine Fund	38,219.00	40,350.00
To bank Charges	53.20	53.91	Flood relief Fund	-	24,600.00
To books And Periodicals	1,545.00	-	By Sale of Books		400.00
To Baddebts	-	-	By Advertisement	65,000.00	62,000.00
To Depreciation	243.00	270.00	By Others- ID card		4,200.00
To Chief Minister Public relief Fund	-	10,000.00	By Interest Received		
To Flood relief Work	-	11,817.00	Fixed Deposit	60,849.00	81,256.00
To Prime Minister Public Relief Fund	-	10,000.00	Savings bank A/c	3,759.00	3,624.00
To Web design -Raga Designers	2,500.00	-	On TDS refund	110.00	306.00
			By Excess Of Expenditure over Income	3,345.20	19,158.91
TOTAL	252,336.20	314,145.91	TOTAL	252,336.20	314,145.91

For SENIOR CITIZEN BUREAU.,

For A.JOHN MORIS & CO.,
CHARTERED ACCOUNTANTS
FRN: 0072205

Sd/-
(Capt. Dr.M.Singaraja)
Chairman

Sd/-
(S Jayakumar)
General Secretary

Sd/-
(Dr.R.Nirmala)
Treasurer

Sd/-
(R.Sanjeev Narayanan)
Partner
M. No: 228915

PLACE : CHENNAI

DATE : 11-05-2017

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Birthdays : June*Wishing you a Cheerful, Peaceful and Prosperous life*

S.No.	NAME (Thiru/Tmt.)	MEMB NO.	DOB
1	Loganathan, P	LM:83	01-06-1938
2	Murugesan, C. V. Wing Cdr	LM:603	01-06-1947
3	Nirmala, R. Dr	LM:765	01-06-1943
4	Perumal, T.K	LM:835	01-06-1946
5	Ramesh S. Chickermane	LM:216	01-06-1928
6	Sankara Raju, B	LM:310	01-06-1944
7	Sundara Murthy, D	LM:358	01-06-1936
8	Santhakumari, E	LM:756	03-06-1950
9	Shahul Hameed ,U	LM: 853	03-06-1939
10	Bashyam	LM:782	04-06-1944
11	Vijaya Rangam, M.D. Er.	LM:43	04-06-1931
12	Ganesan,KS	LM:894	05-06-1943
13	Ponnambalam, P	LM:731	05-06-1946
14	Ranganathan, P.	LM:751	05-06-1937
15	Sampath Kumar,G	AM:937	05-06-1947
16	Sundaravaradan, K	LM:462	05-06-1937
17	Muthulakshmi, K. Brig	LM:612	06-06-1938
18	Joseph, G	LM:185	07-06-1934
19	Agamudai Nambi, K. C. Er.	LM:876	08-06-1940
20	Pandurangan, K	LM:787	08-06-1940
21	Jean Canthaswamy	LM:786	09-06-1930
22	Rajendran, R. Er.	LM:793	09-06-1947
23	Leela Srinivasan, V	LM:71	10-06-1934
24	Munuswami, M	LM:794	10-06-1939
25	Natarajan, V.S. Dr.	LM:2	10-06-1939
26	Anantharaman, T.L.	LM:591	12-06-1939
27	Gandhi Raja, A.K.	LM:555	14-06-1948
28	Anandan, K. Er.	LM:488	15-06-1948
29	Balambal, V. Dr.	LM:12	15-06-1937
30	Natarajan, T. S	LM: 911	15-06-1935
31	Ranganatha Rao, S. Er.	LM:29	15-06-1934
32	Rukmani, V	LM:802	15-06-1943
33	Chandra Bose, P	LM:880	16-06-1945
34	Chandra Sashi Kumar.	LM:165	16-06-1940
35	Kandappan, A.P. Er	LM:683	16-06-1931
36	Kuppusami, M	LM:211	18-06-1936
37	Padmanabhan, P.N.	LM:875	18-06-1953
38	Venkata Raju, M	LM:801	19-06-1932
39	Sitaraman, V	LM:519	21-06-1930
40	Aludiapillai, K. Prof. IAS (Retd)	DM:327	23-06-1934
41	Bakthavatchalu, S	LM:890	23-06-1950
42	Chellaswamy,SM	HM:452	23-06-1937
43	Duraiswamy, K. Er	LM:735	24-06-1938
44	Jaya Prakash, P.K	LM:218	26-06-1947
45	Vijayalakshmi, G. Dr.	LM:526	26-06-1949
46	Ramaswamy, T.S. Dr.	LM:737	29-06-1931
47	Jayapalan,S.M	LM:938	30-06-1948

Your liberal contribution to Sun Shine Fund is solicited.

Acknowledgment*Thanks a lot & God Bless You*

I	Sunshine fund	Mem. No	Rs.
1	Thiru R Madhavan	LM:419	1000
2	Thiru SR Satagopan	LM:598	1000
II ANNUAL DAY DONATION			
1	Thiru VS Balakrishna Raja	LM:567	5000

National / International Days - June

05-Jun	World Environment Day	I
06-Jun	International Olympic Association Establishment Day	I
15-Jun	World Elder Abuse Awareness Day	I
17-Jun	Fathers Day	I
20-Jun	World Refugees Day	I
21-Jun	World Yoga Day	I
27-Jun	World Diabetes Day	I

Note: N = National / I = International

Obituary

With profound sorrow, we record the sad demise of our members / relatives of our members as follows and pay our respectful homage:

- 1) **Thiru P.R.Ramasubrahmaneya Rajha (82)**, HM:697, Chairman cum Managing Director, Ramco Group, passed away on 11.05.17, at Rajapalayam.
- 2) **Thiru TK Subramania Raja**, brother in law of Prof. Dr.R.Baahirathi, LM:582, passed away on 11.05.17 at East Tambaram Chennai-59.
- 3) **Tmt PR Poongothai (73)**, spouse of Thiru KP Chandran LM:803, passed away on 11.05.17 at Uttukottai.
- 4) **Thiru P.Panneer Selvam (69)**, LM:676, Retired ACE / TNEB, passed away on 05.05.17 at K.K.Nagar, Chennai -78.
- 5) **Tmt. Amutha Subbaiah (63)**, sister of Thiru C Panneer Selvam, LM:27, passed away on 02.05.17 at Kolachal, KK District.

We convey our heartfelt condolence to the members of the bereaved family

FOSWL invites you for its monthly meeting at 5 pm on 25.06.17 at Karuna Enclave, Shanthy Colony, Anna Nagar. For details Ph. : 9381801446.

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To.